

# Rural Mobile Health Clinic and Medical Miles for Rural Smiles



## What is the Medical Miles for Rural Smiles (MM4RS) project?

From April 9-June 30, 2018, the Southern Nevada Health District in partnership with the Nevada Department of Health and Human Services (DHHS), Division Public and Behavioral Health (DPBH) - Oral Health Program (OHP) launched the Medical Miles for Rural Smiles (MM4RS) pilot project to bring medical and dental services to rural counties in Nevada that have been identified as health professional shortage areas. Health professional shortage areas (HPSA) reflect the level of provider shortage for a service area. There are 441,382 Nevadans who live in dental HPSAs with an estimated 16.5% without access to care (Pew Charitable Trusts, 2011).

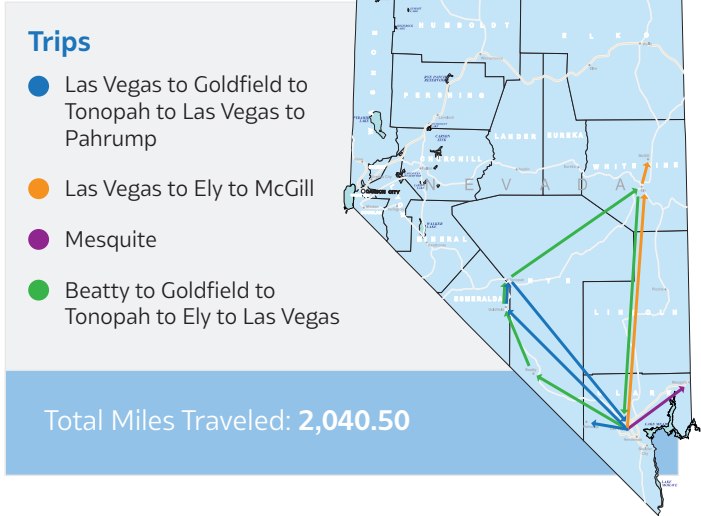
## Funding

One time grants from the Department of Health and Human Services Grant and the Division of Public and Behavioral Health, Maternal, Child, and Adolescent Health Section.

Department of Health and Human Services Grant	
Personnel	<b>\$11,505</b>
Equipment	<b>\$18,087</b>
Travel	<b>\$4,603</b>
Supplies	<b>\$8,901</b>
Gas/Driver	<b>\$3,817</b>

Division of Public and Behavioral Health, Maternal, Child, and Adolescent Health Section Contract	
Personnel	<b>\$17,290</b>
Equipment	<b>\$11,214</b>
Supplies and Indirect	<b>\$1,383</b>

## Data



## Over \$33,000 worth of no-cost dental treatment provided to patients of all ages

- Dental**
- 129** Clients
  - 120** Dental Screenings
  - 221** Dental Sealants
  - 117** Fluoride Varnishes
  - 18** Cleanings
  - 7** Periodontal Assessments
  - 1** Incision and Drainage

- Immunizations by SNHD**
- 57** Clients
  - 102** Vaccines
    - 42 Shingrix
    - 20 Tdap

- Patient ages**
- 52** Under 18 y/o
  - 53** 19 - 64 y/o
  - 28** 65 or older

## Next Steps

**68%** More than 68% of adults surveyed rated the health of their teeth and gums as Fair/Poor.

**49%** More than 49% of adults reported not having insurance coverage to pay for some or all their routine dental care.

**64%** In addition, 64% of adults said there was a time in the last 12 months when they needed dental care but could not get it at the time.

- Oral health is intimately related to the health of the rest of the body.
- Changes in the mouth are often the first signs of problems elsewhere in the body such as infectious disease, nutritional deficiencies, cancers, and immune disorders.
- Poor oral health and untreated oral disease also have a significant impact on a number of systemic diseases such as cardiovascular disease, bacterial pneumonia, diabetes, and low birth weight.

Continued funding for these programs is vital to ensure residents in these counties have access to early treatment and routine examinations to avoid emergency situations that can not only be costly to treat but life threatening when access to care is remote and burdensome to reach.

### Where can we go to find more information on this program?

[www.lasvegasheals.org/southern-nevada-health-district-increases-access-to-care-through-expansion-of-services-2](http://www.lasvegasheals.org/southern-nevada-health-district-increases-access-to-care-through-expansion-of-services-2)

## Future Plans — Healthcare Beyond Walls!

It is the program's hope that this charter trip will be used as proof of concept to establish funding sources for permanent continuation as well as recruitment of additional licensed dental and medical staff. The program aims to continue providing medical and dental services beyond the chair, meeting people where they are, focusing on prevention, and building bridges to fill access to care gaps in rural Nevada. A year of trips is planned to launch in the fall of 2019. We need your help to bring quality medical and dental services to rural Nevada. \$160,000 is needed to continue the MM4RS program over the next year. You can make the difference in the lives of rural residents in Nevada by donating to the Southern Nevada Health District.

To donate contact:

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